



RATIONALE

Australia has the highest rate of skin cancer in the world. Research indicates that childhood and adolescent sun exposure is an important contributing factor to the development of skin cancer. As students are at school during times when UV radiation levels are highest, schools play a major role in minimising student's UV exposure. Our sun protection policy has been adopted to ensure that all staff and students attending East Narrogin Primary School are protected from skin damage caused by UV radiation from the sun. This policy is to be implemented throughout the year, but with particular emphasis from the beginning of September through to the end of May. The sun protection practices outlined in this policy will be applied to all school activities, including sports carnivals, excursions and camps. The policy has been developed in consultation with the whole school community.

OUR COMMITMENT

East Narrogin Primary School will:

<ul style="list-style-type: none"> ▪ Inform parents of this sun protection policy when they enrol their child/children; ▪ Brief all new staff on the sun protection policy; ▪ Promote sun protection via newsletters, assemblies, whole school activities, parent and staff meetings; ▪ Require staff to wear broad-brimmed or bucket hats for all outdoor activities, including yard duty; ▪ Encourage parents and guests to wear broad-brimmed or bucket style hats when participating in and attending outdoor school activities; ▪ Require students to wear broad-brimmed or bucket hats when outside; ▪ Direct students without a broad-brimmed or bucket hat to stay indoors, on verandahs or undercover area; ▪ Require students to wear broad-brimmed or bucket hats, sun protective clothing and sunscreen for all camps, sports and excursions (as listed on parent permission note); ▪ Follow up with students who consistently forget to bring or wear hats with a reminder note home; ▪ Require staff and students to wear a swim top for outdoor swimming (unless during competitive swimming); ▪ Revise the school dress code to include sun protective items such as broad-brimmed hats, and swim tops for swimming; 	<ul style="list-style-type: none"> ▪ Ensure adequate provision of shade within the school grounds for students and staff, by planting trees and building shade structures, especially where students congregate e.g. outdoor play and lesson areas; ▪ Encourage staff and students to use shaded or covered areas when outside; ▪ Ensure that adequate shade is provided at sporting carnivals and outdoor events; ▪ Timetable as many outdoor activities as possible - including assemblies, sport and physical education - before 11 am and after 2 pm; ▪ Providing SPF 30+ broad-spectrum, water-resistant sunscreen in the classroom; ▪ Including a levy in Voluntary Contributions chart to support the purchase of sunscreen for classrooms; ▪ Allowing students time to apply sunscreen 20 minutes prior to outdoor activities e.g. prior to school, before lunch, PE lessons, sports, excursions etc; ▪ Incorporate sun protection and skin cancer awareness programs into the school's Health curriculum; and ▪ Review the sun protection policy annually.
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OUR EXPECTATIONS

<p><i>Parents/carers will:</i></p> <ul style="list-style-type: none">▪ Ensure your child/children has a broad-brimmed (7.5 cm brim), or bucket/surfie style hat (6 cm brim) as recommended by the Cancer Council WA;▪ Ensure that your child/ren's clothing provides adequate protection from UV radiation as recommended by the Cancer Council WA (i.e. collars and sleeves, closely woven fabric, natural fibres and swim tops for swimming);▪ Ensure that your child/ren has access to SPF 30+ broad-spectrum, water-resistant sunscreen before leaving for school;▪ Act as positive role models by practising SunSmart behaviour;▪ Support the school's sun protection policy and help design and regularly update the policy.	<p><i>Students will:</i></p> <ul style="list-style-type: none">▪ Be aware of the school's sun protection policy;▪ Take responsibility for their health by being SunSmart.▪ Comply with SunSmart rules and guidelines by wearing suitable hats and clothing in school colours;▪ Apply SPF 30+ broad-spectrum, water-resistant sunscreen 20 minutes before going outdoors;▪ Use shaded or covered areas outdoors;▪ Act as positive role models for other students in all aspects of SunSmart behaviour;▪ Be actively involved in initiatives to protect the school community from over-exposure to the sun;▪ Help design and regularly update the SunSmart policy; and▪ Participate in SunSmart education programs.
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EVALUATION

East Narrogin Primary School staff and School Council will review the effectiveness of this policy each year. They will:

1. Review the SunSmart behaviour of students, staff, parents, and visitors and make recommendations for improvement;
2. Assess shade provision and usage and make recommendations for increases in shade provision; and
3. Update and promote curriculum material relevant to SunSmart activities.

Date: _____ Signed: _____

Position:

For more information contact: The Cancer Council WA

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