## When is sick too sick for school?



## SEND ME TO SCHOOL IF...

- I have a runny nose or just a little cough
- I haven't taken any fever reducing medicine for 24 hours and I haven't had a temperature during that time
- I haven't thrown up or had any diarrhoea for 24 hours
- I have hay fever



**KEEP ME AT HOME IF...** 

- When I blow my nose, the mucus is green
- I have a persistent, heavy cough
- I have a temperature
- I am throwing up or have diarrhoea
- My eyes are pink and crusty



**GO TO THE DOCTOR IF...** 

- I have a high temperature
- Vomiting or diarrhoea have lasted more than two days
- My asthma symptoms are not improved by using my reliever



You can contact the school to advise your child's absence by phoning 9881 1581, talk or send a letter to your child's teacher.