From the Principal

Dear Parents, Caregivers and Members of the School Community,

In light of some of the events taking place over the next few weeks for some of our students, I felt it was an opportune time to outline some of the benefits of school excursions, and incursions. The staff at East Narrogin Primary School plan meaningful, engaging and relevant learning opportunities for their students and I am most excited about the opportunities planned for our students during Term 3.

Excursions require significant planning and coordination for teachers and administrators, and students can at times view a field trip as a “day off”. However, it is highly likely that students will have an educational experience they never could have experienced in the classroom, regardless of the ability of the teacher.

Excursions assist students to interact with the learning that is occurring in the classroom. The experience goes beyond reading about a concept, students are able to see it, manipulate it or participate in it physically. Students are able to see elements with their own eyes, rather than simply reading about it and believing what they are told just because it is in print. Visiting a farm and milking a real cow is much more powerful than reading about milking a cow!

Excursions provide entertainment for students. They often serve as a powerful motivator for students, stirring up excitement as the event nears. Breaking away from the daily routine provides students with a refresher that may in turn make them more focused once they return to the classroom. Learning and fun are a great combination. Excursions are considered fun, but learning takes place, whether they realise it or not!

Tahlia and Sharny enjoying lunch with the Principal, Miss Kate Wilson
Excursions take the learning from the classroom and make its connection with real life. Students often question the importance of topics they study in class, and excursions, particularly for older students, can answer the question of how learning can be applied in their lives. For example, an excursion to a Trade Training Centre proves that measurement, trigonometry, science, including, physics and chemistry, just to name a few subjects, apply beyond the classroom. There are also plenty of opportunities to incorporate the excursion experience back into classroom following a return to school. Oral presentations, persuasive writing, slide shows and simply the answering of questions, can instill the lessons garnered during the excursion.

Leaving the classroom for an excursion also places the students in a different social environment. They encounter a new set of adults and possibly other children during the course of the excursion. These interactions teach them how to behave in different settings, and they often employ more self-control because it is a less contained environment than the classroom. It also fosters a sense of teamwork and community among the students as they experience learning opportunities together.

Many students do not get the opportunity to experience the typical excursion locations with their families. A school excursion provides students with the opportunity to experience new venues. While excursions can take a great deal of time and energy, I am sure you will agree, broadening the horizons of our students is definitely worth it. I am certain our students participating in excursions in the coming weeks will thoroughly enjoy what is planned for them. The excursions offered will provide students with the opportunity to put their learning into practice, and confidently engage as they realise the connection between the learning that has already occurred within the classroom, and that which they experience whilst participating in the excursion. I look forward to your feedback once our students return from these valuable learning opportunities.

In closing I acknowledge that making headlines in the news of late has been the announcements made regarding the new funding model released by the Department. Schools will transition into this new model at the beginning of the 2015 school year, and there will be impacts on our budget. We are currently working through this reduction in funding and ensuring our students will continue to be provided with the best possible opportunities by ensuring we manage our allocated funds in a most efficient manner. Detailed information regarding the introduction of this new student-centred funding model will be delivered at our next School Board meeting, to be held on Tuesday 16 September, from 6pm in the staffroom. School Board meetings are open to the public, so please attend the next meeting if you wish to hear first hand the impact this funding model will have on East Narrogin Primary School.

“Be more concerned with your character than your reputation, because your character is what you really are, while your reputation is merely what others think you are.”
~ John Wooden ~

Kate Wilson
Principal, East Narrogin Primary School

Leadership
The Year 6 and 7 leadership group are maintaining their enthusiasm in providing activities for all students during lunchtimes. The following activities are on offer this term:-

Monday lunch
- Numero in Room 12 with Jonathan, Jayden and Liam.
- Running on the oval with Kelly during Monday lunch.

Tuesday lunch
- Choir with Mrs Gillett and Esther.

Wednesday lunch
- Chess Club with Phoenix, Xavier and Dirk in Room 12.

Thursday lunch
- Basketball practise with Aaron.
- Shooting hoops with Steph.

Safety on wheels information
Cycling to school
Road safety experts recommend that children under the age of 10 should not be cycling to and from school unaccompanied. Here are some tips for you to ensure your children get to and from school safely every day:
- Cycle to school with your children.
- Arrange for another adult to cycle to school with your child.
- Encourage your child to ride with older children.
- Children under 12 years can legally ride on footpaths, which is a safer option. Cyclists must give way to pedestrians.
- Always make sure that your child is wearing an approved helmet that is fitted correctly.

Bicycle Helmets
In 2001, one third of cyclists seriously injured were not wearing a helmet at the time of the crash. Studies show helmet use decreases the risk of head injury by 85% and brain injury by 88%. The following will help to ensure your children are adequately protected:
- Adults and children alike must wear approved bike helmets when cycling.
- The helmet should fit the child’s head securely, without being too tight or too loose.
- A helmet should not be worn if it has been previously involved in a crash or fall.
- The outer shell of the helmet should not be cracked or broken.
- The polystyrene foam lining should be uncracked and should not be able to be depressed with a finger.
- It is also important to adjust the straps and buckles to assist with comfort.
- All helmets bought must carry the Australian Standards Mark™ AS2063.2 and logo.

Bicycle Maintenance
A bike is just like a motor vehicle and should be constantly maintained to ensure it will perform as designed whilst riding. Below are some of the things you and your children should check regularly:
- Make sure brakes are working by trying to wheel the bike forward whilst activating the brake.
- Check that wheel nuts are not loose.
- Check tyres for pressure and wear.
- Check that pedals turn smoothly and are not broken.
- Ensure the bike has wheel and pedal reflectors and a rear red reflector.
- Check that the chain works smoothly and is free of grease.

If you have any concerns with your child’s bike, please see your local police or bike shop.
From the Deputies (cont)

Free Dress Day for Royal Flying Doctor Service
On Friday 22 August our students came to school in Free Dress to raise money for the Royal Flying Doctor Service. The students raised $469.80.

State Cross Country
On the 12 August we sent 15 students to participate in the State Cross Country at the UWA Sports Park in Perth. Thank you so much to all the parent helpers that used their private vehicles to transport students to the event. Congratulations to all out students who participated on the day. Each race had between 300 and 350 students and our students have done our school proud. Placing of our students are as follows:

<table>
<thead>
<tr>
<th>Name</th>
<th>Year Level</th>
<th>Placing</th>
</tr>
</thead>
<tbody>
<tr>
<td>John Agnew</td>
<td>Year 5</td>
<td>252</td>
</tr>
<tr>
<td>Aziah Knock</td>
<td>Year 5</td>
<td>171</td>
</tr>
<tr>
<td>Paige Zabajnik</td>
<td>Year 5</td>
<td>61</td>
</tr>
<tr>
<td>Emily Jones</td>
<td>Year 5</td>
<td>86</td>
</tr>
<tr>
<td>Aaliyah Ugle</td>
<td>Year 5</td>
<td>26</td>
</tr>
<tr>
<td>Denzel Millington</td>
<td>Year 6</td>
<td>182</td>
</tr>
<tr>
<td>Joey Ramshaw</td>
<td>Year 6</td>
<td>76</td>
</tr>
<tr>
<td>Steph McCracken</td>
<td>Year 6</td>
<td>258</td>
</tr>
<tr>
<td>Georgia Barr</td>
<td>Year 6</td>
<td>275</td>
</tr>
<tr>
<td>Arthur Penny</td>
<td>Year 7</td>
<td>118</td>
</tr>
<tr>
<td>Morgan Bropho</td>
<td>Year 7</td>
<td>38</td>
</tr>
<tr>
<td>Sarah Coetzer</td>
<td>Year 7</td>
<td>109</td>
</tr>
<tr>
<td>Madison Boothey</td>
<td>Year 71</td>
<td>140</td>
</tr>
<tr>
<td>Juanelle van Wyk</td>
<td>Year 7</td>
<td>173</td>
</tr>
<tr>
<td>Kayla Jones</td>
<td>Year 7</td>
<td>152</td>
</tr>
</tbody>
</table>

In term Swimming Lessons
In term swimming lessons will be starting on Monday 24 November and ending on Friday December 5 for ECC 1, ECC 2 and Room 3 only.

Word of Maths Roadshow

The World of Maths Roadshow is visiting our school on Friday 12 September, with lots of new and exciting activities. The World Of Maths Roadshow is an ideal opportunity for students to see how maths is applied to some real life situations.

Students will gain insight into problem solving, working in teams and also various maths principles which are part of their curriculum this term.

It is a highly engaging session which will show the children that Maths can be fun!

The cost of the Roadshow is $6.00 per student. Please send the money to the classroom teacher or office by Wednesday 10 September.

Parents are able to attend, especially with junior grades (at no cost).

Thank you

Jenny Sterry
Maths Coordinator

School Contributions

Thank you to those parents who have paid school contributions. We would like to send a reminder to those who have not yet paid. This additional funding has a positive effect on our ability to further resource our school and class programs. Please contact the school to discuss a contribution plan or payments can be made at the front office or direct deposit to:

East Narrogin Primary School ETF

Commonwealth Bank
BSB: 066040
Account No: 19901631

VacSwim October Swimming Programs

Enrolments for VacSwim's October school holiday swimming and water safety lessons opened on 1 August. VacSwim is available to all children five years old and under 18 years on the first day of each lesson.

It is important for every child to learn to swim properly and develop essential water safety skills. VacSwim’s October program is conducted by qualified instructors who teach children the skills to be confident swimmers and safe in the water.

The October program is as follows:-

- 9 day program (40mins/day), Tuesday 30 September to Friday 10 October.
- 5 day program (35minutes/day), Monday 6 October to Friday 10 October (limited centres).

Enrolments close Monday 8 September 2014.

For further information, costs and how to enrol are online.

Please visit education.wa.edu.au/swimming. Or telephone Les Lazarakis, Manager Swimming and Water Safety on 9344 0999 or email Les.Lazarakis@education.wa.edu.au
Apa kabar, semua? How are you, everyone?

Last week, several classes did a special cooking lesson during Indonesian and we made mie goreng (fried noodle). The students were also taught how to use chopsticks to eat their noodles. Below are some of the photos we took during the cooking lessons.

Here is a fun fact—In most South East Asian countries, they don’t actually use chopsticks as utensils. Chopsticks were introduced by the Chinese immigrants. Most commonly used utensils to eat food in Indonesia are forks, spoons and fingers. In some parts of Indonesia, the people used a sort of scoop from the husk of a coconut to scoop out the food.

Terima kasih (Thank you).

Pak Young (Mr Young), Teacher of Indonesian Language
Healthy Bones
Did you know our kids should be eating 2-3 serves of dairy products each day so that they can grow strong and healthy bones? This increases to 3.5 serves a day for children aged 12-18 years. It is the calcium in dairy products that helps to build strong bones. Children’s rapidly growing bodies need calcium so that their bones can get to maximum strength, which will protect them throughout their life.

One serve of dairy is equal to:
- 1 cup (250ml) milk (or calcium fortified non-dairy alternative)
- ¾ cup (200g) tub of yoghurt
- 2 slices (40g) cheese
- ½ cup (120g) ricotta cheese
- ½ cup (120ml) evaporated milk

*For children with dairy allergies or intolerances, look for calcium fortified non-dairy alternatives.

From the Canteen
Thank you to our helpers Brodie Corker and Lee Rutherford for your help this fortnight. A special thanks to Jo Corker and Dot Gresham for your help on photo day. Without your help the children would not have got their lunch on time.

Peters ice-creams are no longer making Billabongs. They have been replaced with Fandagles, in flavours choc shmallow, fairy floss and caramel popcorn at the retail price of $1.50 each.

Uniforms
Faction polos that have been ordered should be here in two weeks, just in time for the carnival. If you did not get your order in you will need to wait for the next order, in Term 4 or Term 1 in 2015.

Ros, Jo & Lorraine Canteen Managers

2015 Kindergarten Orientation Day
Tuesday 28 October
Our 2015 Kindergarten Orientation Day will be held at the Kindergarten off-site centre on Hansard Street. For students that have enrolled in the 2015 program, invitations and information packs will be sent out as the date gets closer.

If you are yet to enrol your child into our Kindergarten program for 2015 please pick up an enrolment form from the front office.

Father’s Day Breakfast 2014
On Friday 5 September from 7.00am—8.15am the school P&C together with the Early Childhood Centre are hosting a Father’s Day Breakfast in the undercover area.

Students please bring your Dads, Grandfathers and Uncles along for a yummy breakfast and to contribute to our school fundraising efforts for 2014.

Please note: Children remain the responsibility of parents until 8.20am.

PLEASE LET MRS FOWLER KNOW IF YOU ARE ABLE TO DONATE SOME GOODS. For example orange juice, tea, coffee, bread, tomato sauce, BBQ sauce, margarine, hash browns.

Please fill this slip out and return to the canteen before Monday 1 September.

** Connect’ to Literacy and Science  
Who: EVERYONE at East Narrogin P.S. 
What: We are having a special FUN day to CELEBRATE our whole school positive behaviour program.
When: Wednesday 17 September (Week 9) 
COME TO SCHOOL DRESSED AS YOUR FAVOURITE BOOK CHARACTER!!!!
It is FREE!!
It’s a day to celebrate so no donations needed.

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Early Childhood Centre

Brick Pavers
Donations of brick pavers and about 12 square cement pavers would be much appreciated to be used in the ECC playground area.

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**Father’s Day Breakfast 2014**
Family Name: _______________________
Number of children attending: _________
Number of adults attending: __________

**Dental Therapy Centre**

In regards to provision of a Dental Therapy Centre for the schools serviced by the Narrogin Mobile Dental Therapy Centre (DTC). Please note there has been a temporary disruption to this service due to the resignation of the Dental Therapist. Dental Health Services is actively recruiting a dental therapist in order to recommence care at the Narrogin DTC.

All enrolled students who require emergency dental treatment are able to attend the closest available Dental Therapy Centre in Katanning or the Corrigin Mobile Dental van. For advice regarding urgent dental attention please contact the staff at Katanning on 9821 1734 or 0400 612 364 or the staff at Corrigin on 0437 202 882. For more information please contact Ms Lorna McCourt, Acting Regional Dental Officer (Central) on 9313 0555.
Room 5 & Room 7

Real Men Read Program
Last week during Children’s Book Week our students in Room 7 & Room 5 participated in the ‘Real Men Read’ program. We were very fortunate to have lots of Dads, mentors and other important role models from the community and our school (Mr D, Mr van Wyk and Marty) visit our class. The combined classes enjoyed listening to a variety of texts including The Lorax and Roald Dahl’s Revolting Rhymes. We are very grateful that they made time in their busy lives to come to Room 7 & Room 5 and talk about how much fun reading can be!

Tischa Forman, Lynda Herdman and Dale Hohipuha Teachers of Room 7 & Room 5

During Week 5 Rooms 7 and 5 have been participating in the Real Men Read program. The aim of the program was to show students that it is not only women and teachers who read, but men in the community also enjoy reading and need to read to help them with their work. We have had plenty of men come in from the community explaining how reading helps in their careers, why reading is important to them and how reading will help us in our futures.

Some men read for pleasure and others read to learn about things. For example if you’re learning about camping you should get a camping magazine. If you need to fix a car or build something you would need to read an instruction manual. Another example is when Mr D read Fantastic Mr Fox to Rooms 7 and 5. We were told that it doesn’t matter if you’re not a good reader you can just start with picture books or small novels.

When our guests read to us it ignited discussion about the stories. We learnt a lot from our discussions and the stories. We learnt why it is important to read. Recently, we have had parents, grandparents, teachers and mentors. We are hoping to get others to start reading any type of book.

Well, with only one week to go I decided to pass on the big ladder review for this week - but I will tell you that last week’s round results ended with a change in the first four places on the ladder and a brand new leader as well!

I realised that Room 10 was going to finish just out of the money unless something extraordinary happened, so I went with some long shots for the round and guess what - That’s right - it failed miserably.

Room 10 got the lowest score of the round with 4.
Oh well, if you’re going to lose anyway, you may as well lose BIG!

Check the next newsletter for the final scores and notification of cash prizes. As the newsletter isn’t due next week that means you’ll all have to wait an extra week to find out who won!

I never claimed to be nice by the way 😁

Community Notices

Royal Flying Doctor Service Quiz Night
Saturday 6 September at 7.00pm
At Narrogin Sporting Club, Bannister Road Narrogin
Tables of 8 are $10.00 a ticket.
Tickets on sale at Bill and Bens and Items
Ann’s mobile number 0487 450 650
Bring your own nibbles, alcohol on sale, No BYO
Door prizes, games auctions, raffles and heaps of giveaways.
Sponsored by Narrogin Sporting Club
Proceeds go to the Royal Flying Doctor Service

Stall Holders Wanted
Narrogin Senior High School’s P&C
Open Day & Market Fair
10.00am—3.00pm Saturday 13 September
School and Residential College Tours including new multi-million dollar Performing Arts Centre, Hilltop Café, Market & Food Stalls, demonstrations, seminars, musical performances & more
Contact Jo-Anne on 0419 926 208 or nshsopenday@hotmail.com

2014 Young People Who Care Awards within your school community.

It is an annual Western Australian award program that recognises and rewards young, compassionate young people between the ages of 8 and 18 who provide voluntary care for a family member with a disability/illness or to a person/people in their community.

The awards are offered in two categories:
• Caring in the Community Award (individual or group) - recognises a young person or group of young people who provide voluntary care to a person or people in their community.
• Young Carer Award—Recognises a young person who cares for a family member with a disability or illness.

The closing date for nominations is Friday 26 September. Nominations can be entered online at www.youngpeoplewhocare.com.au
If you would like further information please contact Carer WA on 1300 CARERS (1300 227 277) or marketing@carerswa.asn.au