Dear Parents, Caregivers and Community

Welcome to Week 6 and the lead up to our Faction Swimming Carnival. Congratulations to our student leaders who received their badges at a special assembly on Friday 28 February. Thank you to all parents and families for assisting your children to take part in the swimming lessons over the last few weeks.

Communication between home and school
It has been great to see so many parents take the opportunity to attend the parent meetings for each classroom, although there were quite a few parents who missed this important event. I urge those who did not attend their child’s class parent meeting to follow up with the classroom teacher to find out about the curriculum, the routines and events planned for the year, and especially how to support their child/children to do well at school. It is so important that children have the support of their parents and caregivers, and talking regularly to your child’s teacher will show your child that you value the time that they spend at school.

Please remember that each class has their own page as part of our school website (www.eastnarroginps.wa.edu.au), and class newsletters and other important information are uploaded regularly.

REMINDER: East Narrogin School Board are seeking new members
The school is seeking new parent members to join the East Narrogin School Board. If you are interested in becoming a school board member please provide your nomination to Ms Gemma Ward, School Board Chair (gemmawhward@hotmail.com) or to me (Fiona.Collopy@education.wa.edu.au), stating your interest and what skills you can bring to the board. Specific information about roles and responsibilities of board members was provided in the last newsletter but we are always very happy to answer any questions you may have. Nominations will close on Friday 28 March 2014 at 4.00pm.

The next meeting will take place on Tuesday 1 April at 6.00pm in the school staffroom. This meeting will be open to all members of the school community.
From the Principal (Cont)

P&C Annual General Meeting
Thank you to all of the parents and staff who attended the annual general meeting of the East Narrogin Parents and Citizens Association on Monday 10 March in the school staffroom. Congratulations to the following community members who were elected to the P&C executive team for 2014:

President: Still to be filled
Vice President: Karen Chivell & Jo Batt
Treasurer: Still to be filled
Secretary: Nicole Fowler
Uniform & Canteen Coordinator: Dot Gresham
School Board Representative: Jo Thomas

We are calling on any interested parents to take up the vacant roles. If you are interested please contact me within the next two weeks.

On behalf of our school community I would like to thank our previous office bearers for their support and hard work over 2013. I look forward to working with our newly appointed executive in 2014.

Fiona Collopy
Principal, East Narrogin Primary School

From the Deputies

Leadership Excursion
The Year 7 students will be travelling to Perth on Tuesday 18 March (today) to attend a leadership conference at the Perth Convention Centre with Mrs Hayes and Mrs Hancock. The Year 6 student leaders will attend their conference with Ms Collopy and Mr Dehnel on Thursday 20 March in Bunbury.

Lunches
We would like any student lunches to be dropped off before 12.45pm at the canteen. The lunches will be placed in the appropriate class lunch basket.

Stamp Out Bullying Tuesday 18 March
This incursion is a 50 minute show starting at 9.00am in the undercover area. The show uses comedy, magic and puppets. There is loads of audience participation and comedy as the students learn how to avoid bullies, reporting a bully is not being a ‘dobber’, the power of peers, including students who are easily left out and making sure YOU’RE not being the bully. The cost is $4.00 per student.

Faction Swimming Carnival
Our faction swimming carnival will be held this Friday 14 March at the Narrogin Leisure Centre starting at 9:30am. We hope to see as many parents and grandparents attending to support our students.

Passports, Passports. East Narrogin Passports!
Families that were part of the 2013 passport program will automatically be part of the program for 2014 and can continue using the same passport as last year or if lost come and see me for a new one. If you still have the passport can you please just change the year to 2014. We would like to keep the passports at school for easier management so we would appreciate you sending your passport back to the classroom teacher.

From the Canteen

Leadership Excursion
Thank you to Ebony Rogers, Louise Coppock, Val Ballard, Brodie Corker, Romeena Ugle and Ruth Bilman for your help this last fortnight.

Please do not order hot food for Friday’s Swimming Carnival.

Uniforms
Please order you winter jackets in the next three weeks to assure availability at the start of Term 2, for all the wet days we will have.

Ros, Jo & Lorraine Canteen Managers

Early Childhood Centre

If any one has some spare small 2nd hand pant bottoms or shorts in sizes 4, 5, 6, 8 they would be much appreciated for emergencies or accidents.

Dental Screening
Dental screening will be conducted on Thursday 13 March in the morning. All children enrolled with the School Dental Service who are in Years 3 and 6 will be briefly examined by a dentist to assess the need for orthodontic treatment.

All enrolled Pre-Primary students will also be screened to identify any child in need of urgent attention.

A reminder that if you have received an enrolment form, please complete and return to the office as soon as possible.

If your child is in Year 3, Year 6, or Pre-Primary, please endeavour to have them at school on this day.

Regards
Karen Fazey
Dental Therapist

From the Deputies (Cont)

If you are new to the passport program please complete the following slip on page three and send back to Mr van Wyk so that he can add your family and also issue a new passport. You can earn passport points by helping in several school related activities. These points can be traded for East Narrogin Dollars which can then be used for the canteen, uniform shop and excursions. For more information please see Mr van Wyk.

Deputy Principals
Joanna Hayes & Johan Van Wyk
On the 30 March 2014, it is Nyepi Day (silent day) in Bali and it is a day of silence, fasting and meditation for the Balinese. All traffic will be banned on the island, so it is not a good idea to travel to Bali on this day. The day following Nyepi Day is also celebrated as New Year’s Day, known as NgembakGeni, so a lot of celebrations and religious events will be happening in Bali on the 31 March 2014. If you want to find out more information on Nyepi Day or NgembakGeni, you will be able to find it on the internet.

Also I would like to congratulate Jasmyn Oats from Room 7 for completing her special assignment for Indonesian. I really appreciated her extra effort to get the assignment done as I didn’t have her class last week due to swimming lessons. Great work, Jasmyn.

**Let’s Learn Indonesian Together**

Selamat hari ulang tahun – Happy Birthday
Bagus – Good
Bagus sekali – Very good/well done

When someone asks you ‘have you’ or has she/he’ question, you can reply with:
Sudah – Already/yet
Belum – Not yet

*Terima kasih (Thank you)*

Pak Young (Mr Young)
Teacher of Indonesian Language

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**Bike2School Day**

**Monday 17 of March**

Bike2School Day 2014 will be held on Monday 17 March to encourage students to use cycling as a means of becoming more physically active. We would like to see many students in Year 5-7, joining in on the day by riding to school (or the bus stop).

Cycling is free and helps improve the environment while keeping our bodies fit and healthy. There is a real potential to increase the number of children cycling to school, especially for those who live within a ten minute cycle (2-3 km) and a ten minute walk (less than a kilometre) from school or the bus stop.

Students, parents and teachers are all encouraged to consider cycling or walking to school as often as possible. The school will not be providing supervision for students who walk or cycle to school.

Students under nine years of age can participate, but should be supervised by parents or a guardian on their way to school (or the bus stop). Only parents can decide whether their children are competent to cycle to school.

Narrogin Police will assess students’ bikes and will address our whole school assembly in the undercover area and give some important messages about bike and road safety (helmets, brakes, lights, road rules).

Please put this date on your calendar.

Tischa Forman
Room 7 Teacher

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**PASSPORT PROGRAM REGISTRATION**

Our family is interested in joining the Passport program at East Narrogin Primary.

Family Name:_____________________________________

Names or children at ENPS from Oldest to Youngest and their Room Number please

1:__________________________ Room:____
2:__________________________ Room:____
3:__________________________ Room:____
4:__________________________ Room:____

Parent / Carer signature:__________________________

Please send me back to Mr van Wyk!!!
The students from Room 7 have been practising their persuasive text writing and are writing to convince you to ride your bike to school on the Monday 17 March. Hope you can join us!

**Bike To School:** I strongly believe that when you ride your bike to school your heart and lungs become stronger. This is because your lungs will fill with fresh air and your heart will pump faster and therefore become stronger.

In addition by riding your bike to school you become more energetic and more alert so you are able to stay on task and be more focused which helps you to learn more.

Another fantastic reason to ride to school is to socialise. You can make new friends as well as riding with your old friends. It gives you more time to think about playing and fun activities. It also means you don’t need to talk in class. You can have fun races as well as learn road rules.

In conclusion if you ride to school you get healthier, smarter, stronger and you have fun. It is important to get involved and bike to school. (By Caitlin, Kathryn, Dylan, Mark and Tristan)

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**Bike 2 school:** You can meet friends and ride your bikes to school. It is a good way to catch up with friends, who are not in your class and with brothers and sisters. The teacher would like us to talk on the way and not in class.

Secondly, it doesn’t cost anything to walk or ride to school. You don’t have to pay for a bus ticket to get to school. It helps pollution because the cars and buses will use less fuel. It is good for your health and good for lungs.

Thirdly, I strongly believe you will be a little bit tired for school but you will go to bed earlier and having a better sleep and wake up feeling more energetic. You will be ready for the day not moping around because you are tired.

In conclusion you can get fit and healthy and it is fun and do not need much money to get fuel. (By Jasymn, Murray and Noah)

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**Bike2school:** I strongly believe that everyone should ride their bike to school.

To start with I think everyone should ride their bike to school because you’re saving most of your money for other stuff instead of wasting it all on fuel and buses.

As well it’s a good catch up with your awesome friends if they are not in your classroom and so your not chatting in class and you can make new friends.

People may think it’s not safe but if you follow the road rules you will be just fine.

To sum up with, it makes you nice and fit instead of sitting down in the car not getting fresh air and not getting any exercise which is very bad for your health.

These are all my reasons why I think you should ride your bike to school. (By Kaitie)

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**Why Not Cycle?**

This year why don’t we all cycle to school? It would be a great opportunity to save money, help prevent cancer when you are older and to have a fun, social time with family and friends.

For a start it would save quite a bit of precious money. Which means you can spend it on something you would like to spend it on instead of wasting it on fuel. What would you prefer, to waste $50 on fuel or to go out and have a nice time at the cafe with your family or friends? I know what I would choose. Have you decided? I really want you to take a serious think about conserving your money.

On top of that experts have proven that it helps prevent cancer to be active. I believe all kids should have a chance to ride to school and be active. I would prefer a chance to be energetic and have less chance of cancer. Cancer is a horrible thing and it would be very hard if it was a family member. Imagine getting cancer and a nurse coming in to tell you have only a couple of days left. It would be very scary.

Your kids should have a chance to defend themselves.

A final reason to cycle to school is that you could have a really fun social time with your best friends instead of being stuck in the hot, stuffy car with your annoying brother or sister slapping your face until it is as red as a tomato or they could do a fart in the car that smells of egg (like my dog) they could even be stealing your money for the canteen and you would have to go the whole day without food. I would cycle any day instead of that!

Some people think that it is riskier to drive in a car than ride a bike but the smarter people know the truth. If you got in a car and crashed you would most probably get killed straight away or die in hospital. If you had a crash with a bike into a pole you get a few cuts and grazes. There is a big difference.

To conclude I believe that everyone in the school should ditch the car or bus and get active. You may even win a cool prize. Last year I won a backpack. So take a think about riding or walking to school! (By Emily)

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**Bike 2 school:** I strongly believe that all ENPS students and staff should bike 2 school on Monday 17 March.

Firstly, you can talk on the way and not talk in class. You will get really fit and healthy riding your bike to school. You can ride your bike with friends and family and let Mum sleep in.

Riding a bike means you save making a lot of pollution. You will save a lot of money not coming in the car.

Finally, you will get lots of fresh air. You can get free fruit and prizes. It can be really fun just riding your bike to school Monday17 March 2014.

These are my reasons why people should ride to school on Monday 17 March. (By Logan)

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This year why don’t we all cycle to school? It would be a great opportunity to save money, help prevent cancer when you are older and to have a fun, social time with family and friends.

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To conclude I believe that everyone in the school should ditch the car or bus and get active. You may even win a cool prize. Last year I won a backpack. So take a think about riding or walking to school! (By Emily)

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**Bike To School:** I strongly believe that people should ride their bike to school.

For a start, I believe that children should ride their bikes to school because it’s healthy. When you get to school there will be free fruit because it keeps you fit.

On top of that there is no pollution because its bad for the atmosphere, car fumes are noisy and loud, less chance of cancer.

In conclusion it is more social and fun, if you’re walking alone by your self you have no friends to help you and if you ride your bike you will be fast and not late. (By Julia)

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**Bike to school:** I think that we should ride to school because you can see friends or cousins on the way. You need some fresh air. It is exciting because you can get very healthy and fit.

Firstly, we should ride to school everyday because you can get very healthy when you are riding to school.

Secondly you can catch up with friends that are not in your class and brothers and sisters and with your cousins.

Thirdly you can also ride with your dad and mum. I strongly believe that your heart will be stronger when you are riding with friends.

In conclusion riding to school is very healthy and when you ride to school it is great fun. (By Rosie)
Bike 2 school:- I strongly believe that children should ride their bikes to school.

Firstly, children should try to ride to school because it keeps you healthy and fit. When you ride in a car or bus it shortens your amount of fitness. Fitness is the key to a happy and healthy life. Have you seen a fat person anywhere that's because they haven't been doing enough fitness.

Secondly, taking the bus or car is bad for the environment. If you breathe the stuff from the back of the car it would be bad for your lungs and give you cancer. (By Jewell)

Bike to school:- I strongly believe you should ride to school.

You don't have to ride to school you can walk, walk to the bus stop, scooter, skate or rip-stick. If you do any of them you get a photo and get free fruit and you may get a prize.

For a start, if you ride to school you are stopping pollution, you also get lots of exercise. It is exciting, fun and you aren't late for school.

In addition it allows you to interact with the environment. Biking is highly energetic so you aren't bouncing up and down in class.

Furthermore, you are learning road safety around roads and you are much less likely to have an accident or get injured.

Most people think it is more dangerous to ride a bike but really it is fun and healthy.

In conclusion, these are the reasons why you should Bike2School. (By Tahlah)

Bike 2 school:- I strongly believe you should ride your bike to school.

Firstly, it is very energetic. You get fresh air and you get sunshine.

Secondly, it's fun and it will make you fit. It is no money to ride your bike but it costs for fuel and buses.

Thirdly, when you ride you bike it is not making pollution. It is also helpful so your parents don't have to drive you to school.

It is also exciting because you might see your friends.

So I still strongly believe that children should ride their bike to school. (By Yeah)

BIKE TO SCHOOL:- I absolutely demand you to bike 2 school.

Firstly, it is highly energetic and good for your lungs! It is also really good for the heart. You also get heaps of fitness which is like I said before. It gets rid of all your extra energy for school.

Secondly, it stops pollution from killing plants.

Thirdly, you can be social and do it with your friends. It also means you are not late for school.

All in all I DEMAND you to bike 2 school because it is fun, healthy and social. (By Brodie Chivell)

Bike 2 School:

To start with, riding to school is good because it is fun and healthy to do. People have fun riding bikes. Going in a car is unhealthy and can have bad fumes. Sitting in a car is boring.

Secondly, riding can be fun because it makes you healthy and fit. If you live out of town you can ride to the bus stop and then go on the bus to school. You can make new friends.

For my last reason even though riding to school can be tiring it can be fun too! Riding to school is a healthy way to get to school.

To finish with, riding your bike is the best way to get to school! (By Shaylee)

Bike to school:- I strongly believe that you should ride your bike to school because it keeps you healthy and fit. When you ride in a car or bus it shortens your amount of fitness. Fitness is the key to a happy and healthy life. Have you seen a fat person anywhere that's because they haven't been doing enough fitness.

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To finish with, riding your bike is the best way to get to school!

(Bike 2 School)

Bike 2 School:

In my opinion I strongly believe that we should all ride to school.

To start with riding your bike to school can be family fun because you can ride to school with your family. Not taking your car to school can save money instead of filling up your car. If you don't have a bike you can still have fun walking.

Furthermore if you walk or ride you can get prizes from school that is cool. If you walk or ride you can not be late for school. You can get exercise and that is good for your lungs.

Finally riding your bike can keep cars off the road therefore you are saving pollution. It can be exciting because you can meet your friends somewhere and ride with them to school.

Some people may think it is dangerous but if you follow the road rules you will be safe.

I strongly believe that you should ride your bike to school because you can get healthy. It is exciting and fun for all of us. So ride or walk to school on Monday 17 March and get a free prize. (By Taylah)

Bike 2 School:- In my opinion I think that way too many kids are taking a bus or car to school. I have three strong reasons and a counter argument that should change your mind about how you're getting to school.

To start with riding can and will give you vitamin D and fresh air. You some times see pretty women on TV well they get vitamin D, riding in the car can smell.

Consequently, Dr Willcom says that 15% of Australia has type 2 diabetes. He says that you can avoid this by eating healthy food, riding a bike, scooter or playing outside.

Some people think that riding a bike can be dangerous but it is just a way of life. Every body gets hurt.

To finish off with taking the bus or car is really bad for the environment. Toxic gases go up into the air as well as people breathing it. Insurance is expensive not to mention the cost of petrol. (By Eliza Coppock)
Yes! It’s that time again!
The 2014 AFL Footy Season begins Friday, THIS WEEK!
I know that some of you have been caught short by the Global Financial Crisis and can’t liquidate your shares in Troy Buswell fast enough, so here’s what we’ll do for you...

1. Fill in the Round 1 slip, HERE...
   and drop it into the box in the office foyer, or email your tips to enpsfootytipping@hotmail.com
2. The highest score from Round 1 will win $10 - even if they don’t play the rest of the season!!
3. However, if you get the highest score in Round 1, and do want to play the rest of the season, you’ll get $20! So you’ll double your winnings!!
   Win 1 more round, and your season will be totally FREE!!

So - to summarise...
Entry to Round 1 is free for everyone, and you could win $10. In fact...
You could win $10 each week ($230), and then score the top prize as well ($200), and you’ll help fund Yr 6 & 7 activities, and have a lot of fun!!

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### Round 1

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<thead>
<tr>
<th>Match</th>
<th>Venue</th>
<th>Time</th>
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<tbody>
<tr>
<td>Friday, March 14</td>
<td>ES</td>
<td>7:50PM</td>
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<tr>
<td>Collingwood v Fremantle</td>
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<tr>
<td>Saturday, March 15</td>
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<td>GWS Giants v Sydney Swans</td>
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<tr>
<td>Gold Coast Suns v Richmond</td>
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<tr>
<td>Carlton v Port Adelaide</td>
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<tr>
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<tr>
<td>Hawthorn v Brisbane Lions</td>
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<tr>
<td>St Kilda v Melbourne</td>
<td>ES</td>
<td>7:40PM</td>
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<tr>
<td>Sunday, March 23</td>
<td>PS</td>
<td>4:40PM</td>
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<tr>
<td>West Coast Eagles v Western Bulldogs</td>
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**Community Notices**

**Narrogin Repertory Club**
Call for cast members for Repertory Club One Act Plays
There is one male and female part and both call for actors in the 30-50 age bracket.
Rehearsals will be on Tuesday and Thursday evenings and will be performing mid-May.
If interested in auditioning contact the President Of the Club Sarah Dyson on 0410 012 461 or s.dyson191@gmail.com

**Narrogin Squash Club**
Junior Pennants
Competition 9 years+
Commencing Tuesday 11 March 5.30pm
At the Narrogin Leisure Centre
Come along, learn some skills, get graded and put into teams for pennants competition
For more information please contact
Anthony Howe 9881 17818/ 0429 106 120
Or Andrew Pratt 9881 3732

**Avon Youths MDTA**
(Modern Defensive Tactics Australia)
Classes aged 8-12 year olds and 13 year olds to Adults.
Held on Wednesdays, Thursdays & Fridays
At the Scouts and Guides Hall in Furnival Street
Call Shane at Avon Youth on 9881 6001 or 0487 260 002 for times.

**Narrogin Calisthenics Club**
Recreational Sub Junior Class
Pre-Primary, Year 1 and Year 2
Thursdays 4.00pm to 5.15pm.
St Peters Hall—Uniting Church
Contact 9882 4011

**Karate Lessons In Narrogin**
Family friendly ages 8 to 80
Narrogin Uniting Church Hall Monday and Thursday
6.30pm-7.30pm
Adults $5.00, Juniors $2.50
For more information contact Peter 0429 882 871

**Mental Health First Aid**
Adult Course
Dryandra Country Visitors Centre—Conference Room
Tuesday, Wednesday 25 & 26 March
8.45am—4.30pm
Course Costs per person for Community Members
$60.00
Government Departments / Private & Non-Profit
Organisation $100.00 per participant.
For further details or to register you attendance please contact Karen Walker- Rural Community Support
Services 9881 0790, Fax 9881 0725
Mobile 0408 670007
Email: Karen.walker@health.wa.gov.au
Please note on booking 48 hours notice of cancellation is required or course fee will be charged.

**D Grade Football Training**
Wednesday 12 March
4.30pm-5.30pm
For more information contact Gavin 0488 005 484

**Girl Guides Australia**
Guides meet every Monday evening at 5.00pm at the Scout and Guide Hall, Furnival Street Narrogin
For more information call 1300 GIRL GUIDES or go to www.girlguides.org.au

**Aqua Aerobics**
At the Narrogin Leisure Centre
Mondays at 5.30pm and Fridays at 10.00am
$8.00 per class, $6.00 for NHLP Pass holders and concession
or purchase a 10 week Group Fitness pass in term 2
Multi—Passes Pay upfront for 10 weeks of classes and receive 1 class free
For more information call Narrogin Regional Leisure Centre on 9881 2651

**Narrogin Calisthenics Club**
Recreational Sub Junior Class
Pre-Primary, Year 1 and Year 2
Thursdays 4.00pm to 5.15pm.
St Peters Hall—Uniting Church
Contact 9882 4011

**Kukerin Primary School Centenary Celebration**
12 April 2014
11.00am – 6.00pm
Please let family and friends know about this special event.
Registration of $10.00 includes lunch, bottle of water, afternoon tea & a souvenir pen.
RSVP Helen Kirby: dk026@bigpond.com or 9883 1009
By Tuesday 18 March
For more information contact the Kukerin Primary School on 9864 6031 or Kukerin.ps@education.wa.edu.au. Visit www.kukerinps.wa.edu.au or find on Facebook

**Swim School Enrolment Term 2**
& Squads Swim School Enrolment Term 2
At Narrogin Leisure Centre
Term Commences Tuesday 6 May
Enrolments close Friday 4 April
Fees $80.00 per child per 8 week term
For any queries please contact Elinor Binning, Swim School Coordinator and the friendly staff at Narrogin Leisure Centre on 9881 2651 or Fax 9881 3700

**Quindanning Inne proudly presents**
**Kasey Chambers**
Saturday 15 March
Full Band Show, Plus support sets by Tom Fisher and the Layabouts, Simon & Tammy London, Polly Medlen Band and Bill Chambers!
Live Music from 6.00pm, Free camping available!
For more information contact Quindanning Inne on 9885 7053 or www.quindanninginne.com.au or E-tix from www.oztix.com.au

**Quindanning Inne proudly presents**
**Proud Mary**
Saturday 29 March
Australia’s Ultimate Creedence Clearwater Revival Tribute!
All star line up of amazing musicians plus local supports Jesse Ford and Polly Medlen from 7.30pm.
Tickets available now or at the door.
For more information contact Quindanning Inne on 9885 7053 or www.quindanninginne.com.au

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